

# Transitional Year

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RESIDENCY PROGRAM AT  
**Las Palmas Del Sol  
Healthcare**



**LAS PALMAS  
DEL SOL  
HEALTHCARE**

# Welcome to the Transitional Year Residency Program at Las Palmas Del Sol Healthcare

The Transitional Year Residency Program at Las Palmas Del Sol Healthcare is part of the HCA Healthcare Graduate Medical Education network. HCA Healthcare is the nation's leading provider of quality, patient-centered care. We are also the leader in graduate medical education, all brought together by a single mission:

**Above all else, we are committed to the care and improvement of human life.**

ACGME ID: 9994800257

## Tracks & Positions

Tracks	NRMP #	Available Positions
Preliminary	2188999P0	13

## Salary

PGY1
\$54,267

The Transitional Year Residency Program at Las Palmas Del Sol Healthcare was approved by the Accreditation Council for Graduate Medical Education (ACGME) in April 2019 and offers 13 positions. We are committed to training Transitional Year residents who need a broad-based clinical year before entering a specific specialty training program such as Anesthesiology, Dermatology, Neurology, Ophthalmology, Physical Medicine and Rehabilitation, or Radiology. Our program also aims to help residents who are interested in a career in primary care, but have not yet decided which specialty to pursue. By offering a well-balanced clinical year, our program provides the foundation to:

- Enhance the medical knowledge and patient skills of residents
- Enter a categorical or advanced training program
- Facilitate a medical specialty career choice
- Educate residents on providing care in underserved communities
- Satisfy the needs and interests of residents
- Recruit residents to practice in El Paso, Texas, or region once they become licensed physicians

Our program promotes intellectual curiosity not only by exposing residents to fundamental clinical skills and a wide array of tailored elective choices, but also by providing leadership development, enhancing medical knowledge through didactic teaching conferences, and by providing them the resources to actively participate in quality improvement and scholarly research projects. Residents have access to multiple resources to efficiently participate in different projects: on-site research coordinator, databases and e-books, and statisticians who can assist them to interpret the data.

Our Transitional Year is closely intertwined with our Internal Medicine Residency Program. Medical and Transitional Year residents work together in teams, share schedules, patients, and faculty, scholarly activities, and didactics. Transitional Year interns take responsibility for their patients while being closely supervised by senior residents and attendings. Residents also work with other medical professionals to solve problems and provide the best health care to underserved populations and communities with limited access/resources.

## Our Faculty



**Luis A. Martin, M.D.**

Program Director

Luis A. Martin, M.D. is a board-certified Internal Medicine physician who received his bachelor's degree from the University of Texas at Austin and attended medical school at the University of Texas Medical Branch at Galveston. He completed his residency at Texas Tech University Health Sciences Center at El Paso in 2007. Dr. Martin had the honor of being chosen as one of the chief residents during his residency. For a brief period after his residency, Dr. Martin took time off to care for one of his family members. He then returned to Texas Tech University Health Sciences Center at El Paso as an Assistant Professor for the Internal Medicine Department. He served as faculty there for three years and then accepted the Hospitalist Director position at Memorial Medical Center in Las Cruces, New Mexico. During his time at this facility, he worked as an instructor for the Southwest Family Medicine program in Las Cruces, New Mexico. In 2016, Dr. Martin became the TeamHealth Hospitalist Director at Del Sol Medical Center. During his time at Del Sol, he became the Assistant Program Director for the HCA Internal Medicine Residency Program in 2018 and later that year the Transitional Year Program Director. Dr. Martin has been intricately involved with the quality metrics of Del Sol Medical Center and works closely with the residents during their wards rotation. In his free time Dr. Martin enjoys mountain biking, hiking and enjoying time with his wife and four children.

# Current Residents



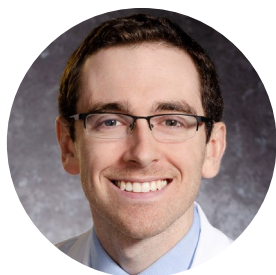
**Jonathan Aldrete, M.D.**  
Texas Tech University Health  
Sciences Center School  
of Medicine



**Maninder Aulakh, D.O.**  
Arkansas College of  
Osteopathic Medicine



**Talha Ayaz, M.D.**  
University of Texas Medical  
Branch School of Medicine



**Mason Bening, M.D.**  
Baylor College of Medicine



**Sreenand Boddu, M.D.**  
University of Texas Medical  
Branch School of Medicine



**Jack Chien, D.O.**  
Burrell College of Osteopathic  
Medicine at New Mexico State  
University



**Mitchell Davis, M.D.**  
S. University of Arizona College  
of Medicine - Phoenix



**Pouria Koushesh, M.D.**  
Texas Tech University Health  
Sciences Center Paul L. Foster  
School of Medicine



**Francesco Maoli, M.D.**  
University of South Carolina  
School of Medicine

## Current Residents



**Maxwell Ofori, M.D.**  
University of Tennessee Health  
Science Center College  
of Medicine



**Augustin Rodriguez, M.D.**  
The University of Texas Health  
Science Center at San Antonio Joe  
R. and Teresa Lozano Long SOM



**Florentino Saenz Rios, M.D.**  
University of Texas Medical  
Branch School of Medicine



**Divya Sahajwalla, M.D.**  
Virginia Commonwealth  
University School of Medicine  
School of Medicine





# About the Program

## Core Curriculum

The Transitional Year Residency Program at Las Palmas Del Sol Healthcare offers a comprehensive program that addresses a broad spectrum of medical practice. Residents emerge from the program with competency in the management of patients with common medical illnesses, as well as extensive hands-on experience treating underserved populations and opportunities to train in a variety of practice settings.

24 weeks FCS Rotations	4 weeks Ambulatory Care	24 Weeks Electives
<b>Wards</b> Days -3 months; 12 weeks Nights-1 month; 4 weeks	<b>Pediatrics</b> 1 month; 4 weeks (must be at least 140 hours)	Anesthesiology Cardiology Endocrinology GI Geriatrics Hematology Oncology ID Nephrology Neurology OB/GYN Ophthalmology Orthopedics Pediatrics PM&R Psychiatry Pulmonology Radiology Rheumatology General Surgery
<b>ICU</b> 1 month; 4 weeks		
<b>EM</b> 1 month; 4 weeks		



The Department of Graduate Medical Education, HCA Las Palmas Del Sol Healthcare is committed in providing quality training opportunities for resident physicians in a consortium environment. We are committed to the education of the next generation of physicians, and cultivating exceptional patient care practices.

## Resident Benefits

- Day one benefits
- Paid Time Off ( 3 Vacation Weeks; 1 Educational Week)
- Electronic devices provided
- Meal Plan / Lab coats provided
- Malpractice insurance provided
- 401(k) Plan Participation
- Free UWorld Subscription (6 months)
- Competitive Salaries  
PGY1 \$54,267

## About El Paso

El Paso is located on the Rio Grande River at the foot of the Franklin Mountain range, across the border from the City of Juarez (Ciudad Juarez in Mexico) in the far western corner of the state of Texas at the border to New Mexico. El Paso has a population of about 839,238 inhabitants (est. in 2019). A true melting pot of American and Mexican culture, the combination is noticeable everywhere. Our close neighbors in Ciudad Juarez, Mexico, and New Mexico also welcome and extend their hospitality. Favorite pastimes include golf, mountain biking, hiking.





# About HCA Healthcare GME

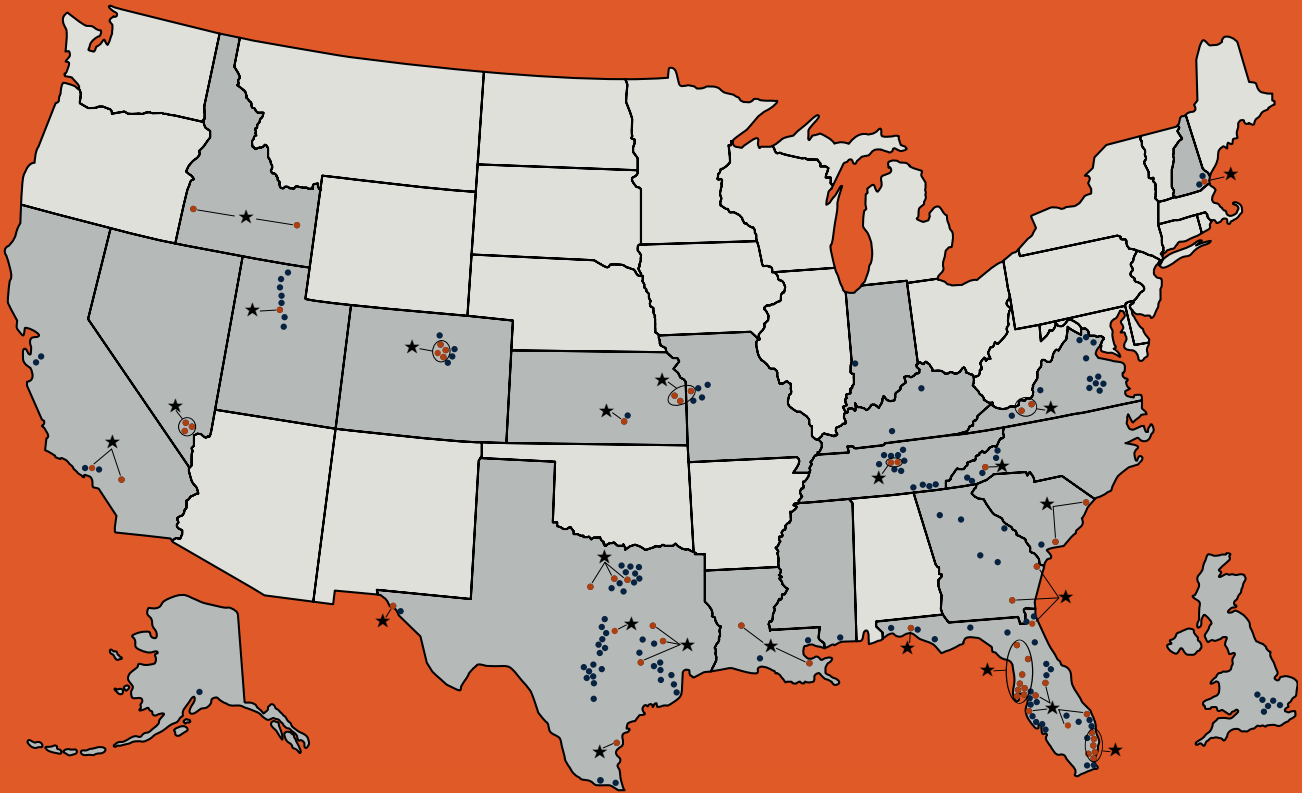
HCA Healthcare is a comprehensive healthcare network with over 275,000 colleagues across more than 2,000 care facilities all committed to creating a positive impact every day. We continually invest in our colleagues and facilities to better serve our patients and local communities. The Graduate Medical Education (GME) programs seek to inspire tomorrow's physicians to care for and improve human life by focusing on patient-centered approaches to practicing the latest evidence-based medicine.

**To learn more about the benefits and expectations of training with an HCA Healthcare program, view our [Resident and Fellow Manual](#).**





Our residency and fellowship programs are in **59**  
hospitals located in **16** states



- ⊛ Residency or Fellowship Program
- HCA Healthcare Hospital



## Size

HCA Healthcare Graduate Medical Education is the largest sponsor of residency and fellowship programs across the nation.

**4,637**  
residents

**289**  
fellows

**218**  
specialty programs (residencies)

**79**  
sub-specialty programs  
(fellowships)



## Scholarly Activity

HCA Healthcare Graduate Medical Education provides a critical link between vigorous scholarly activity and real-world patient care from a sophisticated data repository of more than 32 million patient encounters each year.

**2,500+** HCA Healthcare GME scholarly activities in 2020-21.



## Clinical Training

Each year approximately five percent of all U.S. hospital services happen at an HCA Healthcare facility, including:

**32+ million** patient encounters  
**7.4 million** emergency room visits  
**215,000+** babies delivered

HCA Healthcare Graduate Medical Education is a leader in clinical experience.

- Nationally known physician expertise across the country
- Investments in facilities allowing the advancement of patient care
- High emphasis on simulation results and low patient incidents
- Higher patient touch than academic facilities
- Annual collaborative mass casualty event team training

# A commitment to scholarly activity

Based on more than 32 million patient encounters each year, our scholarly activity bridges the gap between compelling evidence and exceptional patient care.



Our experiential learning is rooted in evidence-based medicine that leads to innovative, **real-world patient health solutions**.

Merging the rigor of **ACGME** accreditation with high patient touch, our residents and fellows deliver evidence-based care that demonstrates our mission to care for and improve human life.

We offer **National Grand Rounds** that leverage accomplished clinical expertise from across HCA Healthcare, bringing the nation's leading medical experts to our residency and fellowship programs.

#### **Notable Publications**

- *JAMA Internal Medicine*
- *Annals of Surgical Oncology*
- *CHEST Journal*
- *American Journal of Respiratory & Critical Care Medicine*
- *Obstetrics & Gynecology*

#### **Notable Presentations**

- American College of Cardiology
- Society of Critical Care Medicine
- American College of Physicians
- Society of Hospital Medicine
- American College of Surgeons

## **Influential Collaboration**

HCA Healthcare residents and fellows have access to talented, highly skilled teams of faculty, industry experts and dedicated researchers to guide them through their journey. Residents and fellows produce evidence that drives future practice by leveraging HCA Healthcare's national clinical data warehouse – the heart of our data ecosystem.

**HCA Healthcare Scholarly Commons** is a platform to collect, share and publish the variety of academic work created by the Graduate Medical Education community. During 2020, readership of those works eclipsed the 25,000 mark. Included on this platform is the **HCA Healthcare Journal of Medicine**, a peer reviewed scientific periodical focused on innovation, enhanced quality and developing new knowledge in clinical care and medical education for the benefit of all patients. In its first year of publication, the journal disseminated 86 articles in six issues as well as a seventh special issue on the COVID-19 pandemic.

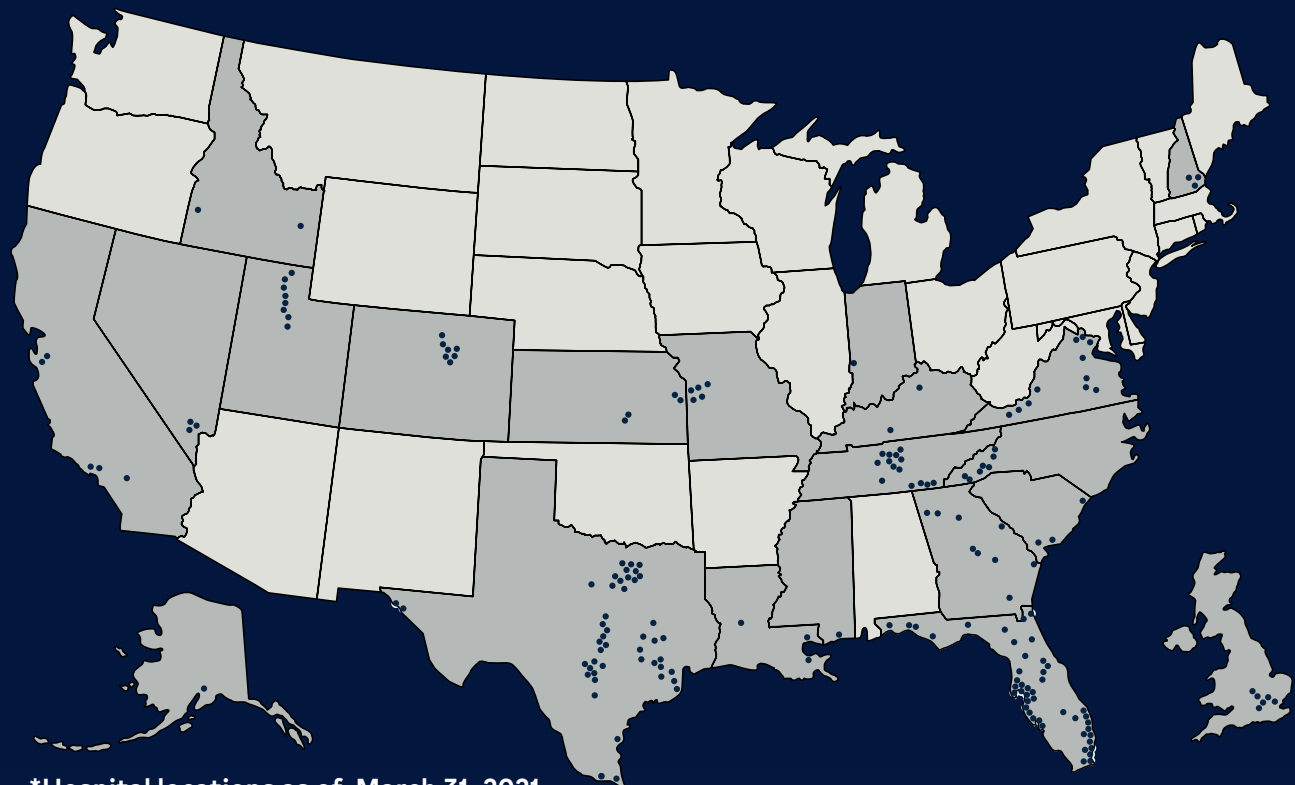
# About HCA Healthcare

HCA Healthcare is one of the nation's leading providers of healthcare services and is comprised of 186 hospitals and more than 2,000 sites of care including surgery centers, freestanding ERs, urgent care centers, diagnostic and imaging centers, walk-in clinics and physician clinics in 20 states and the United Kingdom. With its founding in 1968, Nashville-based HCA Healthcare created a new model for hospital care in the United States.





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located in **20** states and the United Kingdom



\*Hospital locations as of March 31, 2021

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## Size

**275,000**  
colleagues

**93,000+**  
registered nurses

**47,000<sup>^</sup>**  
active and affiliated physicians



## Patient Care

HCA Healthcare's U.S. hospitals provide approximately 5% of all inpatient hospital services in the country.

In 2020:

**32+ million**  
patient encounters

**7.4 million**  
emergency room visits

**215,000**  
babies delivered

View the **HCA Healthcare Community Impact Report** to learn more about our award-winning programs, technology advances and partnerships with community organizations to fulfill our commitment to the care and improvement of human life.



## Giving Back

**\$3.4+ billion**  
estimated 2020 cost for the delivery of charity care, uninsured discounts and other uncompensated care

**\$45 million**  
in charitable cash contributions provided across the enterprise in 2020

We are committed to expanding our relationships with our communities by investing **\$10 million** over the next three years in Historically Black Colleges and Universities (HBCUs) and Hispanic-Serving Institutions (HSIs) across our footprint.\*

\*Starting in 2021



## Industry Leader

Sarah Cannon, the Cancer Institute of HCA Healthcare, provides **state-of-the-art cancer care** close to home for hundreds of thousands of patients, a number unmatched by any single cancer center.

HCA Healthcare affiliates deliver healthcare services in **more than 150 languages and dialects**.

HCA Healthcare has treated more COVID-19 inpatients than any other health system in the U.S.

<sup>^</sup>Approximate

