



RESIDENCY PROGRAM AT

Las Palmas Del Sol

Healthcare







Welcome to the OB/GYN Residency Program at Las Palmas Del Sol Healthcare

The OB/GYN Residency Program at Las Palmas Del Sol Healthcare is part of the HCA Healthcare Graduate Medical Education network. HCA Healthcare is the nation's leading provider of quality, patient-centered care. We are also the leader in graduate medical education, all brought together by a single mission:

Above all else, we are committed to the care and improvement of human life.

ACGME ID: 2204800362

Tracks & Positions

Tracks	NRMP#	Available Positions
Categorical	2188220CO	6

Salary

PGY1	PGY2	PGY3	PGY4
\$54,267	\$55,869	\$57,637	\$59,738

The Obstetrics and Gynecology residency-training program at HCA Las Palmas Del Sol Healthcare. The Accreditation Council for Graduate Medical Education (ACGME) approved the Obstetrics and Gynecology residency program in February 2019. The main teaching sites for the Obstetrics and Gynecology program is Las Palmas Medical Center and Del Sol Medical Center, in sunny El Paso, Texas.

Residents can expect to acquire lifelong clinical experiences within a multi-culture patient population. The clinical knowledge gained will sharpen the residents clinical and leadership skills needed to provide quality patient care.

Our program provides instrumental clinical and leadership residency training with emphasis on extensive in-patient and progressive continuity clinics. Residents will build a dynamic knowledge base and enable them to practice quality healthcare. We encourage an appropriate work life balance through various activities. Each year a resident is selected as a wellness coordinator. They are responsible for coordinating social activities for residents outside of work.

The OBGYN Residency Program strives to recruit residents to recruit residents from all racial and ethnic backgrounds. Our patients have the opportunity to be seen by resident physicians from various cultures and diverse socioeconomic backgrounds. We look for candidates that possess qualities such as the ability to interact with diverse faculty/colleagues/trainees/students, leadership abilities, and experiences gained from non-traditional medical career paths.

We are committed to providing an experience resulting in trainees who are committed to patient care and the improvement of human life. It is our hopes that our alumni will treat all individuals with compassion and kindness. When our residents graduate, they will act in absolute honesty, integrity and fairness in the way they provide care and live their lives.





Our Faculty



Sandra Lopez, MD Program Director

Undergraduate Education: University of California San Diego, San Diego, CA Medical School: Universidad Central del Caribe, Bayamon, PR Residency Training: Texas Tech University Health Sciences Center, El Paso, TX Fellowship Training: Texas Tech University Health Sciences Center, El Paso, TX



Aaron Poole, MD Associate Program Director

Undergraduate Education: Bringham Young University, Provo, UT Medical School: Medical College of Wisconsin, Milwaukee, WI Residency Training: Naval Medical Center Portsmouth, Portsmouth, VA Fellowship Training: University of Texas Medical Branch, Galveston, TX



Jesus Baeza, MD

Medical School: Universidad Autonma de Ciudad Juarez Residency Training: University of Oklahoma, Tulsa, Oklahoma



Bonnie Eady, DO

Undergraduate Education: University of Florida, Gainesville, FL Medical School: Nova Southeastern University, For Lauderdale, FL Residency: Medical College of Georgia, Augusta, GA



Henry Garcia, MD

Medical School: Texas Tech University Health Sciences Center, Lubbock, TX Residency Training: Texas Tech University Health Sciences Center, El Paso, TX



Nicole Koch, DO

Undergraduate Education: Prairie View A&M University, Prairie View, TX Medical School: Michigan State University College of Osteopathic Medicine, East Lansing, Michigan Residency Training; Ingham Regional Medical Center, Lansing, Michigan



Melissa Mendez, MD Designated Institutional Official

Undergraduate Education: University of California, Davis Medical School: University of California, Irvine Residency Training: PIROG Phoenix Integrated Residency in Obstetrics and Gynecology

DEL SOL





Jorge Villarreal, MD

Undergraduate Education: Stanford University Medical School: University of Texas Southwestern Medical School at Dallas, Dallas, TX Residency Training: Texas Tech University Health Sciences Center, El

Paso, TX



Steven Feinstein, MD

Undergraduate Education: Brooklyn College City University of New York, Brooklyn, New York

Medical School: Universidad Autonoma de Guadalajara,

Guadalajara, Jalisco, Mexico

Residency Training: The Long Island College Hospital, Brooklyn,

New York

Fellowship Training: University of Connecticut School of Medicine Health Sciences Medical Center, Farmington, Connecticut



Manuel Rivera, MD

Undergraduate Education: Tulane University

Medical School: Universidad Nacional Pedro H. Urena, Santo Domino,

Dominican Republic

Residency Training: San Juan City Hospital, San Juan, P.R.

Fellowship Training: University of Texas Medical School, Houston, TX



Nayo Williams, MD

Undergraduate Education: Bucknell University, Lewisburg, PA Medical School: RUTGERS- Robert Wood Johnson Medical School,

Piscataway, NJ

Residency Training: RUTGERS- Robert Wood Johnson Medical School,

New Brunswick, NJ

Fellowship Training: UCONN Health- University of Connecticut,

Farmington, CT



Salvador Saldivar, MD

Undergraduate Education: The University of Texas at El Paso Medical School: University of Illinois College of Medicine at Chicago, Chicago, IL Residency Training: Texas Tech University Health Sciences Center, El Paso, TX Fellowship: The University of British Columbia and the British Columbia Cancer Agency, Vancouver, British Columbia, Canada



Richard Farnam, MD

Medical School: University of Texas Health Sciences Center at San Antonio, San Antonio, TX Residency Training: Metrohealth Medical Center, Cleveland, OH

Fellowship Training: St. Elizabeth Medical Center, UTICA New York



Franz Theard, MD

Undergraduate Education: Catholic University of America, Washington, DC Medical School: George Washington University Medical School, Washington, DC

Residency Training: Washington Hospital Center, Washington, DC Fellowship Training: The University of Texas Health Science Center at San Antonio, San Antonio, TX

NOT PICTURED: Lee Caperton, MD

Undergraduate Education: University of Colorado, Boulder, CO Medical School: The University of Texas Health Science Center at San Antonio, San Antonio, TX Residency Training: The university of Texas Health Science Center at San Antonio, San Antonio, TX Fellowship Training: The University of Texas Health Science Center at San Antonio, San Antonio, TX





Current Residents



Karen Fernandes, MD Class of 2023 Oakland University William Beaumont School of Medicine

Favorite aspect about the program: The El Paso community is such a wonderful and welcoming population to serve and our ability to be so closely involved in border health issues and access is so unique. My absolute favorite thing about the program is the camaraderie—the hospital staff, teaching faculty, and (most importantly!) my co-residents make the long hours worth it.



Adriana Galindez de Estrada, MD Class of 2023 Universidad Autonoma de Guadalajara

Favorite aspect about the program: My co-residents



Odinaka Mogor, MD Class of 2023 University of Arizona College of Medicine Tucson

Favorite aspect about the program: The camaraderie amongst the residents and the autonomy to perform procedures and learn at a pace not typical of other programs.



Sarah Moseley, DO Class of 2023 UNTHSC Texas College of Osteopathic Medicine

Favorite aspect about the program: opportunities!!! Being in a new program, have had the opportunities to do primary C-sections, sit at the robot, be first assist in TAH's, and run L&D/Triage/Postpartum floor, etc as a first year. So many valuable experiences! Also really love the people here.



Bao-Quyen Nguyen, DO Class of 2023 UNTHSC Texas College of Osteopathic Medicine

Favorite aspect about the program: The hands on experience, especially with the robot. I also love my co-residents they make residency more fun and bearable.



Gabriela Pena, MD Class of 2023 Howard University College of Medicine

Favorite aspect about the program: My favorite part about the program is the environment, the camaraderie, and the support we have for each other, especially through boba.



Justine Bedolla, MD Class of 2024 Florida State University College of Medicine

Favorite aspect about the program: like being a newer program and having input into the growth and future direction of the program. Also, really appreciate the opportunity to practice my Spanish with patients on the daily!







Madison Fringer, DO Class of 2024 Michigan State University College of Osteopathic Medicine

Favorite aspect about the program: You are so, so well supported mentally, physically, emotionally and intellectually by the residents and staff.



Anika Galagoda, DO Class of 2024 UNTHSC Texas College of Osteopathic Medicine

Favorite aspect about the program: The relationship between the residents, everyone is willing to help each other.



Katherine Kleinberg, DO Class of 2024 Burrell College of Osteopathic Medicine

Favorite aspect about the program: really like the early surgical training, especially the MIGS curriculum.



Simran Malhotra, DO Class of 2024 UNTHSC Texas College of Osteopathic Medicine

Favorite aspect about the program: love our continuity clinic, and delivering patients that we see 100% of the way from first OB visit to delivery to postpartum.



Elizabeth Campos, DO Class of 2025 Lake Erie College of Osteopathic Medicine

Why I Chose This Program: I chose Las Palmas because the residents and staff were incredibly friendly, which I believe is essential for a positive learning environment. They made it clear that I would get a high level of education and have so many opportunities to succeed. I knew after the interview that this group was the perfect fit for me. I am ecstatic that I matched here and can't wait to complete my residency at Las Palmas!



Victoria Carpenter, MD Class of 2025 University of New Mexico School of Medicine

Why I Chose This Program: I selected this program for the amazing people! The people making even the hard days more than worth it!



Amanda Chavarria, DO Class of 2025 Burrell College of Osteopathic Medicine

Why I Chose This Program: I chose this program because of their strong dedication to fulfilling and exceeding resident educational requirements while placing a strong emphasis on resident wellness and comradery. I wanted to pursue training in an environment that is respectful and inclusive of all races, ethnicities, cultures, and values. I also considered how amazing the city of El Paso is. The people are kind, the culture is beautiful, the cuisine is unparalleled, and with nearly 300 days of sunshine per year, I couldn't think of a better place to be.







Noelle Coen, MD Class of 2025 University of California Riverside School of Medicine

Why I Chose This Program: From my interview and orientation, the faculty and residents are so welcoming and are one big family. I wanted to go to a program where I would get a lot of exposure to underserved patients as well as to interesting pathology. I believe that this program will prepare me for whatever will walk in my door as an attending!



Rawan Darwich, MD Class of 2025 University of South Carolina School of Medicine- Greenville

Why I Chose This Program: I chose this program because of the amazing group of people that make it up! Everyone from the faculty to the residents is so welcoming and genuine! I am so excited to be a part of this group and for the education and training I am receiving!



Dylan Gallegos, DO Class of 2025 Burrell College of Osteopathic Medicine

Why I Chose This Program: I had my eye on this program since it's inception. I wanted to continue my training in the southwest close to family. After my amazing interview experience, I knew that this program and the people here were a perfect fit for me. The southwest is beautiful and the people of El Paso are welcoming and respectful.













About the Program

PGY-1

Obstetrics: 3 Blocks

• Night Float: 1 Block

Maternal Fetal Medicine: 1 Block

Gynecology: 3 Blocks

Ambulatory Gynecology: 1 Block

• Emergency Medicine: 1 Block

• Urogynecology: 2 Blocks

Surgical ICU: 1 Block

PGY-2

· Obstetrics: 2 Blocks

• Night Float: 2 Blocks

Maternal Fetal Medicine: 2 blocks

Gynecology: 2 Blocks

Gynecologic Oncology: 2 Blocks

Urogynecology: 2 Blocks

Ambulatory Gynecology: 1 Block

PGY-3

· Obstetrics: 2 Blocks

· Night Float: 2 Blocks

· Gynecology: 4 Blocks

Reproductive Endocrinology &

Infertility: 2 Blocks

Ambulatory Gynecology: 1 Block

Maternal Fetal Medicine: 1 Block

· Family Planning: 1 Block

PGY-4

· Obstetrics: 4 Blocks

• Night Float: 1 Block

Gynecology: 3 Blocks

• Gynecologic Oncology: 2 Blocks

• Urogynecology: 1 Block

· Maternal Fetal Medicine: 1 Block

Reproductive Endocrinology &

Infertility: 1 Block

SALARY

Obstetrics & Gynecology Program

Las Palmas Del Sol

- PGY-1 \$54,267
- PGY-2 \$55,869
- PGY-3 \$57,637
- PGY-4 \$59,738

BENEFITS

- · Day one benefits
- · Paid Time Off
- · Electronic devices provided
- · Meal Plan / Lab coats provided
- · Malpractice insurance provided
- · 401(k) Plan Participation
- · Educational material/travel allowance

LAS PALMAS MEDICAL CENTER

LAS PALMAS IS A CENTER FOR EXCELLENCE IN MINIMALLY INVASIVE GYN SURGERY BY THE SURGICAL REVIEW CORPORATION (SRC) AND THE ASSOCIATION OF GYNECOLOGIC LAPAROSCOPISTS (AAGL)

- Level III Trauma Center
- 1,984 Annual Deliveries
- Maternity & Child Services with Level III NICU
- Multiple Specialties
- 327 Beds



DEL SOL MEDICAL CENTER

DEL SOL MEDICAL CENTER IS A CENTER FOR EXCELLENCE IN MINIMALLY INVASIVE

GYN SURGERY BY THE SURGICAL REVIEW CORPORATION (SRC) AND THE

ASSOCIATION OF GYNECOLOGIC LAPAROSCOPISTS (AAGL)

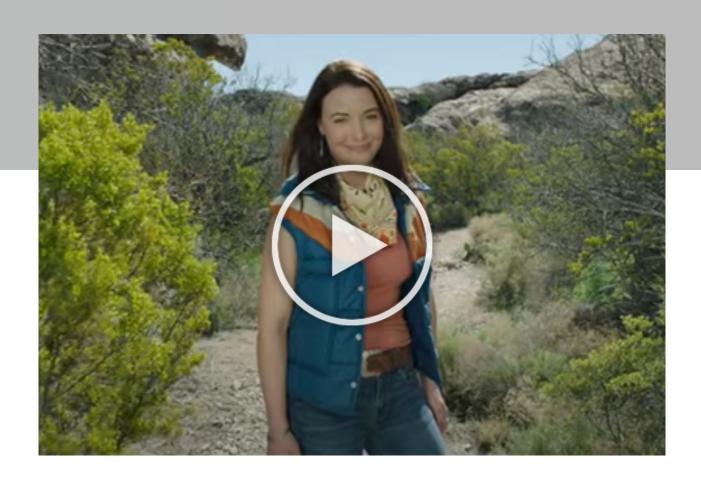
- Level II Trauma Center
- 2,497 Annual Deliveries
- Maternity & Child Services with Level III NICU
- Multiple Specialties
- 350 Beds



El Paso is located on the Rio Grande River at the foot of the Franklin Mountain range, across the border from the City of Juarez (Ciudad Juarez in Mexico) in the far western corner of the state of Texas at the border to New Mexico. El Paso has a population of about 840,545 inhabitants (est. in 2019). A true melting pot of American and Mexican culture, the combination is noticeable everywhere. Our close neighbors in Ciudad Juarez, Mexico, and New Mexico also welcome and extend their hospitality. Favorite pastimes include golf, mountain biking, hiking.







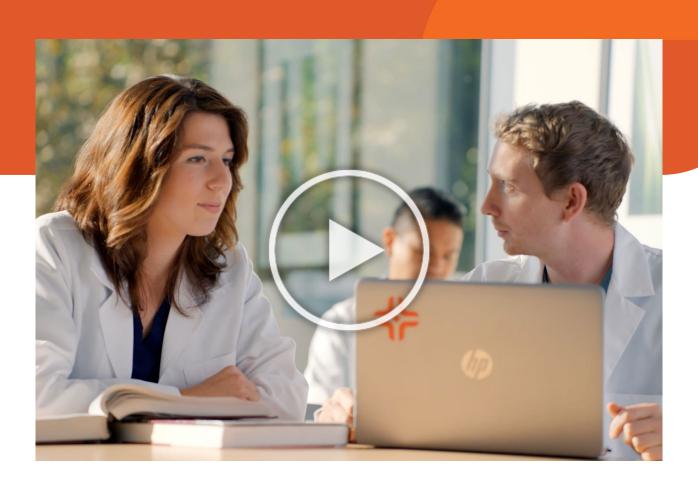




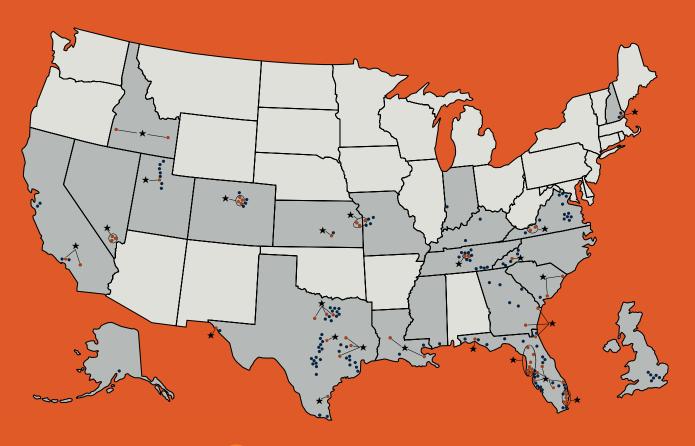
About HCA Healthcare GME

HCA Healthcare is a comprehensive healthcare network with over 275,000 colleagues across more than 2,000 care facilities all committed to creating a positive impact every day. We continually invest in our colleagues and facilities to better serve our patients and local communities. The Graduate Medical Education (GME) programs seek to inspire tomorrow's physicians to care for and improve human life by focusing on patient-centered approaches to practicing the latest evidence-based medicine.

To learn more about the benefits and expectations of training with an HCA Healthcare program, view our Resident and Fellow Manual.



Our residency and fellowship programs are in 59 hospitals located in 16 states



- ⊗ Residency or Fellowship Program
- HCA Healthcare Hospital



Size

HCA Healthcare Graduate Medical Education is the largest sponsor of residency and fellowship programs across the nation.

4,637

residents

289

fellows

218

specialty programs (residencies)

79

sub-specialty programs (fellowships)



Scholarly Activity

HCA Healthcare Graduate Medical Education provides a critical link between vigorous scholarly activity and realworld patient care from a sophisticated data repository of more than 32 million patient encounters each year.

2,500+ HCA Healthcare GME scholarly activities in 2020-21.



Clinical Training

Each year approximately five percent of all U.S. hospital services happen at an HCA Healthcare facility, including:

32+ million patient encounters **7.4 million** emergency room visits **215,000+** babies delivered

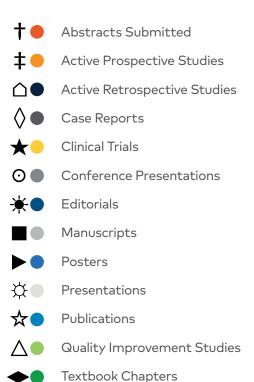
HCA Healthcare Graduate Medical Education is a leader in clinical experience.

- Nationally known physician expertise across the country
- Investments in facilities allowing the advancement of patient care
- High emphasis on simulation results and low patient incidents
- Higher patient touch than academic facilities
- Annual collaborative mass casualty event team training

A commitment to scholarly activity

Based on more than 32 million patient encounters each year, our scholarly activity bridges the gap between compelling evidence and exceptional patient care.





Our experiential learning is rooted in evidence-based medicine that leads to innovative, real-world patient health solutions.

Merging the rigor of **ACGME** accreditation with high patient touch, our residents and fellows deliver evidence-based care that demonstrates our mission to care for and improve human life.

We offer **National Grand Rounds** that leverage accomplished clinical expertise from across HCA Healthcare, bringing the nation's leading medical experts to our residency and fellowship programs.

Notable Publications

- JAMA Internal Medicine
- Annals of Surgical Oncology
- CHEST Journal
- American Journal of Respiratory
 & Critical Care Medicine
- Obstetrics & Gynecology

Notable Presentations

- American College of Cardiology
- Society of Critical Care Medicine
- American College of Physicians
- Society of Hospital Medicine
- American College of Surgeons

Influential Collaboration

HCA Healthcare residents and fellows have access to talented, highly skilled teams of faculty, industry experts and dedicated researchers to guide them through their journey. Residents and fellows produce evidence that drives future practice by leveraging HCA Healthcare's national clinical data warehouse – the heart of our data ecosystem.

HCA Healthcare Scholarly Commons is

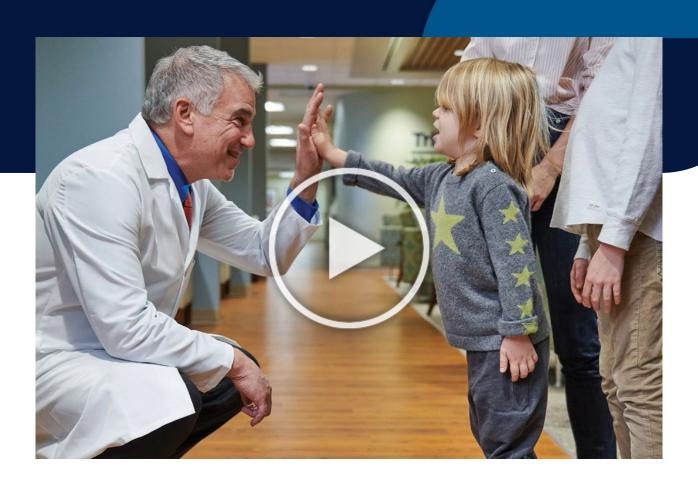
a platform to collect, share and publish the variety of academic work created by the Graduate Medical Education community. During 2020, readership of those works eclipsed the 25,000 mark. Included on this platform is the

HCA Healthcare Journal of Medicine,

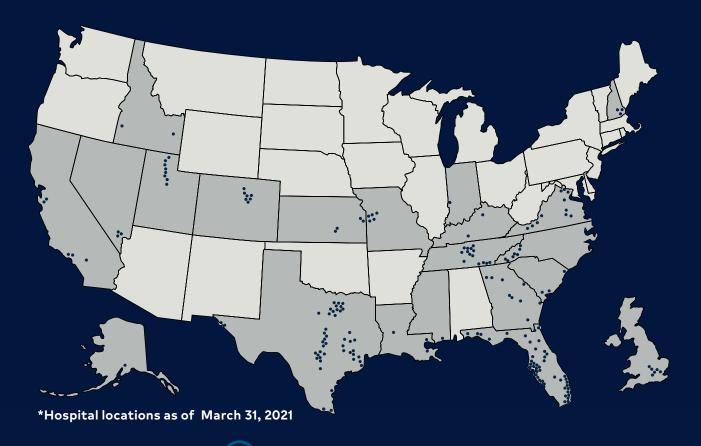
a peer reviewed scientific periodical focused on innovation, enhanced quality and developing new knowledge in clinical care and medical education for the benefit of all patients. In its first year of publication, the journal disseminated 86 articles in six issues as well as a seventh special issue on the COVID-19 pandemic.

About HCA Healthcare

HCA Healthcare is one of the nation's leading providers of healthcare services and is comprised of 186 hospitals and more than 2,000 sites of care including surgery centers, freestanding ERs, urgent care centers, diagnostic and imaging centers, walk-in clinics and physician clinics in 20 states and the United Kingdom. With its founding in 1968, Nashville-based HCA Healthcare created a new model for hospital care in the United States.



186 hospitals and more than 2,000 sites of care located in 20 states and the United Kingdom



HCA Healthcare is one of the nation's leading providers of healthcare services and is comprised of 186 hospitals and more than 2,000 sites of care including surgery centers, freestanding ERs, urgent care centers, diagnostic and imaging centers, walk-in clinics and physician clinics in 20 states and the United Kingdom. With its founding in 1968, Nashville-based HCA Healthcare created a new model for hospital care in the United States.



Size

275,000 colleagues

93,000+ registered nurses

47,000^ active and affiliated physicians



Patient Care

HCA Healthcare's U.S. hospitals provide approximately 5% of all inpatient hospital services in the country.

In 2020:

32+ million patient encounters

7.4 million emergency room visits

215,000 babies delivered

View the HCA Healthcare Community
Impact Report to learn more about our
award-winning programs, technology
advances and partnerships with community
organizations to fulfill our commitment to
the care and improvement of human life.



Giving Back

\$3.4+ billion

estimated 2020 cost for the delivery of charity care, uninsured discounts and other uncompensated care

\$45 million

in charitable cash contributions provided across the enterprise in 2020

We are committed to expanding our relationships with our communities by investing **\$10 million** over the next three years in Historically Black Colleges and Universities (HBCUs) and Hispanic-Serving Institutions (HSIs) across our footprint.*

*Starting in 2021



Industry Leader

Sarah Cannon, the Cancer Institute of HCA Healthcare, provides **state-of-the-art cancer care** close to home for hundreds of thousands of patients, a number unmatched by any single cancer center.

HCA Healthcare affiliates deliver healthcare services in **more than 150** languages and dialects.

HCA Healthcare has treated more COVID-19 inpatients than any other health system in the U.S.

^Approximate



